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LifeMatters

The newsletter from St Peter & St James Hospice • Autumn / Winter 2026



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**David Pickett tells us why the family want
to give back to the hospice**

"Jean's final days at the hospice
felt like a great weight lifted off
my shoulders, I wanted to say
thank you for that."

Celebrating our Volunteers

Virtual Ward Pilot programme

Katie Derham opens CHC Fast Track Beds



St Peter & St James Hospice



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Burgess Hill Support Group
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St Peter & St James Hospice
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Lewes
BN8 4ED

Registered Charity Number 1056114

Welcome to Life Matters magazine, St Peter & St James Hospice's newsletter



As Chair of the Board of Trustees, it is my pleasure to introduce this edition.

For our cover story we were delighted to meet David Pickett and to hear how the hospice supported his wife Jean and the wider family in 2025. We are so grateful to David for sharing their moving story and for his generosity in giving back to the hospice through his incredible wood-turning talent. Look out for his handiwork at our inaugural Christmas Market on Saturday 5 December, held at the hospice.

Like many families we support, the Picketts were supported at home through our community team and through our services in the Living Well Centre, as well as on our Inpatient Unit. The hospice remains committed to delivering highly personalised, specialist care at end of life and we are incredibly proud of the breadth of services we provide in the community we serve.

We are continuing to be innovative and resourceful in our service provision, to ensure that we can be here now and for future generations to come, and you will see just some of our new projects in this edition.

In order to help reduce our costs, we are asking supporters if they would be happy to receive Life Matters online rather than by post. If you have received this edition via the post and are happy to receive communications via email instead, please get in touch with us by email at marketing@stpjhospice.org. Please include your name, postal address and email address using the words "Email consent" in the subject of the email. Thank you.

To end, I want to extend my grateful thanks to you all for your ongoing support.

We simply couldn't do what we do without you. Please continue to spread the word about the hospice in your own communities, both as a way to raise funds and, more critically, so we can ensure people know we are here for them. I hope you enjoy reading this Autumn/Winter edition of Life Matters and, as I mentioned in the last edition, perhaps when you have read it, please consider giving it to someone to read or leave it in a community space, so others can find out how we can support them now or in the future.

Harriet Creamer
Chair of Trustees



News

Following the success of our will writing seminars earlier this year we are delighted to announce two more dates this autumn. Both seminars will be presented by Carole Rowe from Parfitt Cresswell Solicitors and will be held at the hospice. Refreshments will be served.

Thursday 8th October 3pm – 5pm Thursday 15th October 10am – 12pm

To book your place please email
Legacy@stpjhospice.org



Make a Will Month this April was a great success, encouraging more people to make their wills, whilst raising vital funds for the hospice.

We could not do this without the support of our partner solicitors who kindly gave their time to support us. Thank you to Bennett Oakley, Dawson Hart, Edward Harte, Mancini Legal and Rohan Solicitors. Look out for more Will news and events this autumn at www.stpjhospice.org



Bennett Oakley Solicitors



DawsonHart
SOLICITORS



ManciniLegal
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SOLICITORS

BOARDROOM TALKS

In June, we were delighted to welcome the newly appointed Mayor of Lewes, Adrian Ross, to join our second Hospice Boardroom Talk, hosted by Chief Executive, Amanda Fadero. Our Boardroom Talks bring together a diverse group of community leaders, supporters and professionals to share ideas and expertise that help shape the future of St Peter & St James Hospice. We look forward to working with Adrian to continue to champion the hospice and ensure more local people understand, and support, the care we provide.



“

The hospice wrapped its arms around us all. Not just the exceptional care Jean received at home and on the Inpatient Unit, but also the counselling, the Carers Café and bereavement group, we felt held and supported.

”

Jean Pickett was cared for by the hospice from October 2025 until April 2026, after being diagnosed with kidney cancer. Her husband, David, talks to Life Matters about the family, their experience of the hospice, and why they want to give something back.

I first met Jean when I moved to Lindfield and started at Scrase Bridge secondary school (now Oathall School). While we talked a lot at school, her favourite game was annoying me by throwing perfume over me and getting me into trouble with the teachers, so it's safe to say no romance blossomed at that point! I lost touch with a lot of my school mates until the late 60's, when me and my mates went to the Lindfield Fair. We bumped into Jean and her friends and had a great evening, and when one of the girls announced she had to get home early, I offered to drop them off. Jean was the last one to be dropped off. Looking back now, I think it was a scheme the girls thought up, as she definitely lived the nearest! As I dropped her off, I asked her what she was doing the next day ... and so our relationship began.

After O-levels, I worked as an Apprentice Carpenter and Joiner and went on to do a Full tech certificate. Eventually working as a professional and technological officer, maintaining government buildings whilst studying.



The Pickett Family Story

We were married in 1972 and bought a house in Walstead, which we renovated. Jean was very patient, she kept the mortgage going with her salary as an audio typist (only stopping to bring our girls up), while I spent my hours and my salary on all the materials. Our first daughter, Nicola, was born there, and we then moved to a bigger house in Haywards Heath, where Donna and Elaine were born. When they got older, Jean worked as the Textile Services Manager at the Princess Royal Haywards Heath. The girls left home to set up their own lives, and we settled into just being Jean and I at home. Our final move was back to Lindfield in 1996, buying Jean's family home and renovating it.

I was offered early retirement so I left the Government and managed to stay retired for three whole days! I worked as a manager for a local builder, and latterly went self-employed. I also bought my first Ford Y with my earnings, which started a new obsession, one I didn't know a lot about! Jean suggested I did a 2-year car restoration course at Crawley College, which was a very good decision! I got head hunted by the college to teach construction, but needed a degree. So, with Jean's support and encouragement, I went and got myself a teaching degree!



“As soon as we arrived, it felt like a great weight had been lifted. I didn’t have to run around and do everything. She was so well looked after, that it meant I could just be her husband.”

I started in the early 2000’s and worked for ten years till my health dictated it was time to stop. Jean retired shortly after, and we started to enjoy retired life together. We travelled all over England in our motor home, and enjoyed a slower pace of life. I also discovered a love for wood turning.

Jean supported me when I fell ill in 2022 and spent a number of weeks in hospital. In 2025, I had my gallbladder removed at a specialist hospital in Guildford, and Jean stayed in a hotel nearby. Whilst there, she felt something pop up in her side. It was the first time she ever mentioned feeling unwell and, in September, the doctors confirmed it was kidney cancer. She started treatment but sadly I think it was caught too late, and the medication didn’t really work. She was so stoic but her health deteriorated, and doctors discovered that the cancer was also in her bones, bowel, bladder, lung and brain.

After one of our many hospital visits, we were visited by the lovely St Peter and St James Hospice, they gave us lots of information and equipment to keep Jean active and comfortable, as she was losing her strength quite quickly.

When Jean used to nap, I would make wooden bowls in my workshop at home. As her needs got greater, I started making

little things during the shorter time I had available, and that is how I started creating hand-carved wooden mushrooms. Friends and family commented on how lovely they were, which I was delighted about.

Jean found out about the Carers Café at the hospice and she was very insistent that I attended. I wasn’t sure it was my thing, and couldn’t imagine how it could help me. So, as an admittedly reluctant attendee, I was surprised that within 10 minutes of being there, I felt I belonged. I had found it hard to talk to some friends and family, who didn’t know what to say to us at the time, so the volunteers and fellow cafe attendees were great company. Those couple of hours were a real tonic for me.

Then suddenly Jean started to fall regularly. I don’t think we realised at the time how much the cancer was affecting her brain. After one quite nasty fall, she stayed in hospital for 3 or 4 days, and during that time Jean decided she wanted to stop her medication. Her diagnosis was no more than a month, so we brought her home, but she was progressively getting worse. The hospice community team came and visited us, and after assessing her, they recommended Jean would be more comfortable on the Inpatient Unit. The girls came over, and we prepared for her to be brought over to the hospice.

“

“I was surrounded by people who knew what I was going through, who completely understood, were sympathetic and let me cry when I needed to, chat when I needed to.”

”

The Pickett Family Story



I stayed at the hospice with her for two weeks. I remember early on that the nurses came to ask for my help, as they were perplexed why she was calm throughout the day, and then suddenly anxious when settling down for the night. I realised that at home she used to like to fall asleep to the noise of the TV in the background (she loved everything on the television), and I had been switching the TV off at night! Throughout our time at the hospice, the team couldn't do enough for us, it was the little things like wheeling her bed out into the gardens so she could hear the birds and bringing Dylan and Dudley in to visit her, when they learnt of her love for animals.

Shortly after Jean died, we were all offered counselling. Two of our daughters decided they would like some support, and I know they found it really helpful. I carried on meeting my original group at the Carers Café for a couple of weeks, and then it was suggested I might find it helpful to join the bereavement group. At the time, one of our girls was having counselling, so we both went to the bereavement group sessions together a few times. I am still part of it today. I find it so beneficial, and I love that the group have now spread our wings a little, and also socialise outside of the hospice.

I rekindled my passion for wood turning. Partly as a focus for my grief, and partly because my studio is a peaceful space. I carved a selection of mushrooms, and brought them in to the show the bereavement group, only for one of the volunteers to ask to buy them all! I realised I had found some way in which I could give something back to the hospice that meant so much to us all. We agreed a price and for all proceeds to be donated to the hospice. Shortly afterwards the Uckfield shop manager heard about me, and asked to sell them in the hospice shops ... they soon sold out, and I then got asked to create some bird boxes, which also sold out very quickly!

I am looking forward to having a stall at the hospice Christmas Market on Saturday 5 December and I am building up a stock of mushrooms, bowls, pens, vases, bread boards, stands, Christmas trees, snowmen and bird boxes. My daughter Donna will also be joining me with her beautiful and very popular hand-made crochet hats. For us, this is one of the ways we feel the family can give back to say thank you. It really is a privilege to create these craft items, knowing they are going to support such a good cause, who in turn supported us when we needed them most.



Andrew Gallini, our Care Director, explains what a Virtual ward is, and how the hospice is leading a pilot in our community

What is a Virtual Ward?



Care at home

Receive specialist short-term care at home, in your own familiar surroundings.



Regular monitoring

Your care team will check in regularly to ensure care is delivered in line with your own advance care plan.



Crisis management

Your symptom relief and urgent care will be managed at home with the aim of reducing hospital visits.



Advice and support

Your local hospice 24/7 telephone service, will be your first contact to provide advice and support.

St Peter & St James Hospice is running a pilot Virtual Ward across Haywards Heath, Burgess Hill, Uckfield and surrounding rural areas. The pilot will test the virtual capacity over 2026/27.

The Palliative and End of Life Care Hospice Virtual Ward is an alternative to inpatient hospital or hospice care and allows you to be cared for at home in familiar surroundings.

A Virtual Ward is an acute clinical service with staff, equipment, medication and skills delivering short-term hospice or hospital level care to people in their usual place of residence, including care homes.

How does a Virtual Ward work?

We assess and regularly review your care needs and agree your care plan with you. You will be notified whether this means admission to the Virtual Ward. You will receive regular care from our hospice team. This could be in person - face to face or on the phone, or through applications such as the Comfort Tracker app.

Your hospice care team will monitor your symptoms.

If your needs change, we can respond quickly by adjusting your care plan, and/or offering advice and support. We offer a holistic approach to your care, working alongside your GP and other healthcare professionals.



Is the Hospice Virtual Ward for me?

If you are an adult with palliative care and registered with a GP in one of our catchment areas of Lewes, Haywards Heath, Burgess Hill, Uckfield and surrounding rural areas, then joining the Virtual Ward may be right for you.

You will be referred to the Hospice Virtual Ward by senior clinicians who are responsible for your care. This may be your hospice doctor or specialist nurse, your GP or another member of your healthcare team. The service is for patients in need of short-term specialist support, living with a palliative illness who wish to be cared for in their own homes.

You may be eligible for the Hospice Virtual Ward if:

- Your care needs require daily assessment and you would otherwise be admitted to the hospice inpatient unit, or a hospital bed.
- You have increasing end-of-life care needs and you would otherwise be admitted to a hospice inpatient unit, or to a hospital bed.
- You are currently an inpatient at the hospice and wish to return home, but current care needs mean this would be difficult without access to specialist palliative and end-of-life care.

We are here for you.
Call us 24/7 for additional support, a change of care needs, or if you have a question telephone 01444 470819.





In this edition of our ‘Day in the Life’ series, we catch up with Chris Cooke, who has volunteered at the hospice since 2025.

Q: Have you always lived in Sussex?

I have lived in Haywards Heath for over 40 years. We moved from London as my engineering work brought me down to the south coast a lot. At the time, my wife, Sue, worked at London Bridge, so she was happy to make a commute as long as it was less than an hour away, and Haywards Heath was the perfect distance.

Q: What made you decide to give your time to support St Peter & St James?

I always had it in my mind to volunteer at the hospice after my wife commented it was such a beautiful, quiet space, when she was admitted having come from a busy hospital ward. I am so incredibly grateful for the care and compassion shown to Sue over the two weeks she spent at the hospice, before she sadly died in 2011.

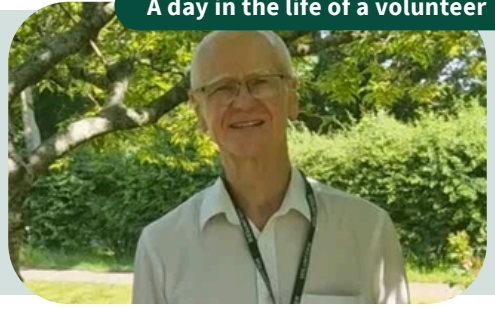
So when I retired in 2025, I made the decision to volunteer at the hospice. I started as a Companion in October 2025, which saw me spending time with patients in their home, to give respite to their carers or loved ones. It gave them a break to go shopping or take a break from their every day care role.

My main task was simply to be company for the patient and, in my case, I had a patient who loved local history and steam trains. Sadly, his eyesight was failing, so I used to get books from the library and read them to him.

I subsequently became a volunteer driver in November 2025, helping to bring patients to the hospice to attend activities at the Living Well Centre. Sometimes I use my car, but if a patient needs space for a walking aid, then I use one of the hospice cars. I volunteer two days a week, on Mondays I bring patients in to take part in the ‘Writing for Wellbeing’ session and on Wednesdays, they come in for ‘The Watering Hole’, an informal setting for a social group. We play bingo, join in singing with Mike, our volunteer musician, and chat over a cuppa. I also stay and help out with refreshments and lunches.

Q: How do you find volunteering rewarding?

I genuinely enjoy listening to people, it’s a privilege to hear their life stories and get to know them better. Volunteering has helped widen my knowledge and experience, I have learnt useful tools for relaxation and mindfulness.



I found everyone very friendly and supportive when I started and I particularly found the Reflections sessions useful. I've also tasted some of Unchalee's great Thai cuisine and have received some valued gardening tips as the hospice gardens are a great source of inspiration.

I joined the hospice walking group this spring and we go for local walks when the weather is nice. The walks are very pleasurable and provide the opportunity to speak to colleagues from different departments in an informal setting, which has given me a better understanding of what the hospice does. The walk generally ends up at a pub, which is very welcome for aching legs.

Q: What is a typical volunteer day for you?

I normally start the day by picking up patients between 10-10:30am, bring them in for a cuppa and chat before we start the day's sessions. After the sessions we break and I assist serving lunch. I sometimes assist Ian in the minibus if a patient who uses a wheelchair is coming in. After lunch, some patients have complementary therapy or a relaxation session before I take them home.

Q: Why do you think people should volunteer?

The main thing I have found is that I am continually learning from new experiences as a volunteer, there are experts on hand to impart their knowledge and give advice, and I get a lot out of meeting the patients too. I like the structure it gives to my week and also find it really rewarding that for some patients, you provide a valued service to enable them to get out of their home, have a change of scene, and the chance to meet new people.

Q: For people interested in volunteering, what should they do?

Give the hospice volunteer team a call or apply online. You can work flexible hours and days, with a wide range of roles available, as well as the chance to join the hospice and be a part of one, big friendly team.

Email volunteering@stpjhospice.org, visit www.stpjhospice.org or call 01444 471598.



St Peter & St James Hospice officially opened our four new Continuing Health Care (CHC) fast track beds on 15 June 2026

Patron and TV & Radio presenter Katie Derham cut the ribbon to mark the official opening, alongside Vice Lord-Lieutenant Mrs Kathy Sambrook, Mims Davies MP, The Deputy Mayor of Haywards Heath - Cllr Abdul Bashar, staff from the hospice, volunteers, trustees, patrons and long-standing supporters of the charity.

The four CHC fast track beds, which were completed in Autumn 2025, are an extension of the hospice's current eight beds situated on the Inpatient Unit (IPU) for Specialist Palliative Care patients. The hospice will receive an additional £280,000 of funding from the NHS to provide this care. The hospice costs over £7m to operate each year, and the majority of its funding comes from its local community: it only receives limited funding from the Government.

CHC fast track is a means by which the NHS pays for a patient's ongoing care when they feel that the patient has a rapidly changing and life-limiting health condition and that their care needs may be changing quickly.

An assessment is carried out, typically by a patient's usual healthcare provider to

assess whether they meet the criteria for CHC funding. If so, care can be put in place for up to 12 weeks. The situation is then reviewed again by the CHC team to see if the patient is still eligible for this funding.

The hospice IPU looks after patients who need significant additional care and whose prognoses, while terminal, may be for several weeks or a few short months of life.

Amanda Fadero, CEO being interviewed by James Dunham, ITV News



Amanda Fadero, Matthew Dean and Harriet Creamer from the hospice meet Deputy Mayor of Haywards Heath, Cllr Abdul Bashar (2nd left)



**Katie Derham, Patron and TV & Radio Presenter
officially opens the new CHC beds**

Until the provision of the CHC beds, the hospice was unable to accommodate these patients in the Hospice In-Patient Unit which is designed to provide care to patients who are much closer to the end of life and where the average length of stay is under two weeks.

Amanda Fadero, CEO at the hospice said:

“Opening these four CHC fast track beds allows us to help more people within our community who have different needs to our current in-patient unit patients. These new beds, which we developed in partnership with the Integrated Care Board, are a testament to what can be accomplished when a community comes together to support compassionate, specialist care for those who need it most. “

With these additional beds, we will still be able to continue to deliver first class nursing care to these patients, who might need it for slightly longer, and as critically, give patients and their families more choice about where they might be cared for.”

Harriet Creamer, Chair of the Trustees at the hospice, added:

“The launch marks a wonderful milestone for the hospice. This expansion represents much more than additional capacity. It means greater access to specialist care, comfort, dignity and support for patients and their loved ones when they need it most.”

Our sincere thanks to Katie Derham for officially cutting the ribbon, and to Vice Lord-Lieutenant Mrs Kathy Sambrook OBE DL and Mims Davies MP for joining us to mark this important occasion. We are grateful to everyone who has played a part in helping us extend our care to more people across our community.”



Amanda Fadero, CEO with Mims Davies MP



On 11 September, we invited our long service volunteers, and award winners and their guests, to the hospice to celebrate their volunteering efforts

Aaron Stevens, Volunteer Development Manager tells us more about this enjoyable and special day, honouring volunteers in the presence of fellow volunteers, the senior management team, Trustees and Patrons.

The day was opened with a welcome by Melissa Le Palud, People Director at the hospice. Many of our volunteers enjoyed sharing highlights with the volunteer management team based at the hospice about their roles, asking some of our leaders some pertinent questions, and just relaxing and enjoying the refreshments.

During a wonderful lunch, created by our super talented catering team with a donation from Tates Garden Centre, we heard from some of our amazing clinical teams, about the impactful work they have been delivering, and continue to carry out, for the Hospice. They highly praised the wonderful teams of volunteers that they have supporting them, which enables them to carry out their duties more effectively, not to mention the benefits their volunteers' time brings to patients and their loved ones.

We also enjoyed receiving feedback from the local community, including Woodlands Meed, who work closely with the hospice to provide volunteering opportunities to

help their students develop independence and new skills. We also heard from Mill Rise about their service users experience of volunteering with us.

After lunch volunteers were recognised for long service awards of 5, 10, 15 or 20 years. Then nine individual awards were given across eight categories to mark exceptional voluntary service to the hospice.

The awards process ran throughout July, with staff and volunteers at the hospice being encouraged to make nominations for any of the categories for any of their peers for any of the awards. The volunteering team visited all teams and sites during July, and as a result we had a record 80 nominations submitted. A panel of staff and volunteers, from all levels across the hospice, met in August to review the nominations received, and to select the winners from the nominations made.



John Howard, Distribution Centre Volunteer receives his 5 year award with his partner.



Peter Verney, Volunteer of the Year
Presented by John Todd -
President, Burgess Hill Lions

There were over 35 volunteers recognised for their length of service ranging from 5 to 20 years, and the other award winners were as follows:

Volunteer of the year

Peter Verney

Volunteer manager of the year

Jackie Manville

Service to Volunteering

Liz Mercer

Outstanding Contribution

Ginny Stuart and Martin Wright

Instant Impact

Brett Taylor

Community Volunteer of the year

Herry Ashby

Corporate Fundraiser of the year

Gallaghers

Individual Community Fundraiser of the Year

Mark Budd

It was a real privilege to shine a spotlight on our incredible volunteers for the day. We had some fantastic feedback from people about how much they enjoyed the event. We look forward to welcoming and celebrating more volunteers at the same time again next year. So put a note in your 2027 diary to make sure you get your nominations in for all the inspiring and invaluable volunteers that you know, that are helping in our Hospice community!

Our thanks to the host of local businesses who donated prizes for our raffle, raising over £600 for the hospice on the day.

Alongside our award winners, we would also like to take this opportunity to thank all of our volunteers. Without your support and dedication we simply would not be able to deliver the vital specialist care that we do, to those in our community with life limiting illnesses who need us.

Long service award winners were presented with a certificate for their length of service, along with a pin badge. Award winners received a trophy for their specific award win and a certificate.



In this edition, Russell Hall, Chair of the Burgess Hill Supporters Group for STPJ Hospice talks about the importance of Supporters Groups in our community

From Minute Taker to Chair: An Unexpected Volunteering Journey.

Looking back, I never imagined that a simple request to take minutes at a meeting would lead me to become Chair of the Burgess Hill Supporters Group.

A friend of my wife asked whether I might help at one of the group's monthly meetings. At my very first meeting, the then Chair announced that he would be stepping down and suggested that perhaps I should consider taking over.

It was certainly an unexpected proposition. At that stage, I knew very little about the group and only two of the people involved. Having spent my career in finance, helping large corporations make money, this was quite a change of direction.

As I got to know the group, I quickly recognised the enthusiasm and commitment of its members. Everyone shared a common purpose: supporting St Peter & St James Hospice and helping ensure local people and their families receive the care and support they need when it matters most.

Before long, I found myself becoming Chair of the Burgess Hill Supporters Group. Although the title may say Chair, we operate very much as a team.

Every member has a voice, ideas openly discussed and decisions made together.

Throughout the year we organise events including quiz nights, bingo afternoons, coffee and cake events, supermarket collections, musical bingo, community stalls and choir concerts. Every event is made possible by volunteers generously giving their time, enthusiasm and ideas.

While fundraising is important, our role extends beyond raising money. We also help raise awareness of the Hospice and ensure it remains visible within the local community. One of the most rewarding aspects of volunteering is hearing from people whose lives have been touched by St Peter & St James Hospice. We regularly hear stories of kindness, compassion and care that have supported families through difficult times. Those conversations remind us why our efforts matter.

What started as a simple request to take minutes has become one of the most rewarding parts of my life. I have met wonderful people, formed lasting friendships and seen first-hand the difference dedicated volunteers can make. Most importantly, I have learned that supporting the hospice is about much more than fundraising. It is about friendship, community and helping ensure this remarkable organisation can continue supporting local people and their families.



The Role of our Support Groups

Could You Get Involved Too?

My advice is simple: take the first step. The Hospice Fundraising Team provides resources and support to help new volunteers get involved with confidence.

You are also very welcome to attend a Burgess Hill Supporters Group meeting or one of our events. You'll quickly discover that we are not professionals, just ordinary people who want to make a difference. You do not need a large group to get started. A small team of friends, neighbours or local volunteers can achieve amazing things.

Start with something simple; a coffee morning, quiz night, bucket collection or small raffle. Sometimes the simplest ideas are the most successful, build confidence and momentum. We put charity collection pots in local businesses and community venues. Volunteers collect and empty them regularly, and together those small donations raise more than £2,500 a year.

Why Support Groups Matter

Support Groups raise vital funds, increase awareness and help extend the Hospice's reach throughout the community. They are ambassadors for hospice care, promoting the values of compassion, dignity, and kindness while helping ensure local people receive the care they need.

Russell's Final Thoughts

Being part of a Support Group should be enjoyable - have fun, support one another and recognise that every effort, large or small, contributes to making a difference.

The members of the Burgess Hill Supporters Group are the true heroes. They create the ideas, lead the events and work tirelessly behind the scenes. More than a fundraising team, we are a community - friendships are formed, and people care about one another. I feel incredibly proud and fortunate to volunteer alongside such dedicated and supportive people. One thing I have learned is that you do not need to be an expert to make a difference. All you need is enthusiasm, a willingness to help and a desire to support a worthwhile cause. A simple first step could become the beginning of an unforgettable journey.

If you would like to hear more about Burgess Hill Supporters Group events and activities, please email bhsupportgroup@stpjhospice.org and we'll be delighted to add you to our monthly mailing list. Alternatively, if you would like to set up a Supporters Group in your own area, please email Wendy at WAgate@stpjhospice.org

SHINE BRIGHT

Walk ✨ Celebrate ✨ Remember

JOIN US FOR A SPECTACULAR NIGHT OF
ILLUMINATED ATTRACTIONS, LIVE MUSIC AND
FABULOUS PERFORMERS

Saturday 17th October 2026 Lindfield

TICKETS £25 ADULT, £10 CHILD, £68 FAMILY OF 5

**ARRIVE FROM 4PM, OUR FULLY ACCESSIBLE
3K WALK SETS OFF AT 7PM**

Tickets - scan the QR code, call 01444 471598
or visit www.stpjhospice.org/shine-bright

You'll receive a welcome pack and your FREE
T-shirt will be ready to collect on the night



With thanks to our sponsors



**PARFITT CRESSWELL
SOLICITORS**



**COLEMANS
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PARFITT CRESSWELL



HAYWARDS HEATH



St Peter & St James Hospice



A festive day for all the family at our
Christmas Market & Santa's Woodland Grotto

Saturday 5 December 2026
10am – 4pm Haywards Heath



Tickets £5 for adult
(children under 16 go free)
Santa's Grotto £7.50 per child

More information and tickets
Scan the QR code
or call 01444 471598



Create your own traditional Christmas wreath
and support St Peter & St James Hospice

£50 per person, limited spaces so pre-booking essential



Thu 26th Nov 2026 at 10am

Fri 27th Nov 2026 at 10am

Sat 28th Nov 2026 at 10am

Tues 1st Dec 2026 at 10am

Tues 1st Dec 2026 at 2pm

Sat 12th Dec 2026 at 10am

Information and
tickets, scan the
QR code or call
01444 471598



Thanks to our sponsors



JUSTHELPING
Registered Charity
number 1149068

**RECYCLE
YOUR TREE**



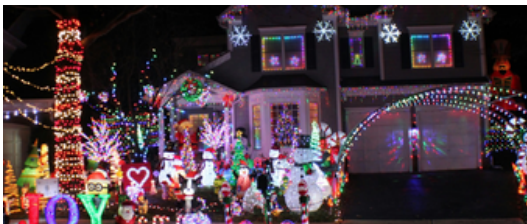
When the festivities are over, let St Peter & St James Hospice collect
and recycle your real Christmas tree on 8 and 9 Jan 2027.

Simply register your tree from Mid-November, make a donation to
the Hospice and our wonderful volunteers will do the rest.

No hassle. No waste. No needles in your car!

Every donation helps us provide expert care and
support to local people living with life-limiting illness,
and those close to them.

Register your tree for collection just-helping.org.uk



Light Up Christmas for Your Local Hospice

This Christmas, decorate your home, garden, window or even your
whole street and help raise vital funds for
St Peter & St James Hospice.

HOW IT WORKS

1 Scan the QR code



Scan the QR Code to
register your display.
Join our Just Giving page
or set up your own.

2 Decorate



Get creative with lights and
decorations. It can be as simple
or as big as you like. Just have
fun and let everyone know!

3 Fundraise



Use the window poster to
encourage people to make
a donation using the QR
Code.

4 Switch On



Light up your display and tell people to
visit throughout the Xmas period! You
could even host a special evening for
your friends and family.

5 Share



Share your photos and use social
media to help promote your
involvement in this wonderful local
community event.

Every donation helps us be there for local people living with life-limiting illness

The care of
1 IN 4
patients is paid for by gifts in Wills



What will your legacy be?

“ This is our Mum’s legacy – enabling other families to experience the calm, compassionate care that we did – it has helped us find something positive out of losing Mum. ”

A gift in your Will ensures that we can continue to support our patients and their families for many generations to come.

SCAN TO
DONATE OR
FIND OUT
MORE



@StPeterStJames
www.stpjhospice.org



Registered with
**FUNDRAISING
REGULATOR**

Registered charity number 1056114



St Peter & St James Hospice